

CCIEA International Exchange Salon



~ Nutritious natural
superfood from the sea ~



Let's learn about "Nori" !

CCIEA "International Exchange Salon" provides you with a chance of communication between foreigners and Japanese every month. The theme in May is Japanese traditional food "Nori". Yamamoto Noriten, which has been specializing in premium-quality Nori for 174 years, will present the history of Nori and how to cook it tastily & enjoyably more, while making "Oritatami-Onigiri (folding rice-ball)". Join us and let's have a fun time together!

Date&Time : May 21 (Sat) 2 : 00 pm - 4 : 00 pm
Venue : Woman's Center "Bouquet21" 4F
Workroom (1-1-1 Minato, Chuo-ku)

- Free Admission ■ Advanced-application Required
- Capacity:24people (15years old and above)
- People who live, work or study in Chuo City are given priority

If you have a fever (over 37.5°C) or slight cold on the event day, please refrain from attending this event.

ご協力をよろしくお願いいたします。
Thank you for your cooperation.



How to apply

Please apply by e-mail with the information below.

- ① Name ② Address ③ Phone No. ④ Nationality ⑤ Age
(If you are non-resident of Chuo city, please let us know you work or study in Chuo city.)

Email: bunkoku@chuo-ci.jp

Contact

Chuo Cultural & International Exchange Association

TEL : 03-3297-0251 WEB: <https://www.chuo-ci.jp/>

:@cciea_chuo :facebook.com/cciea/

<Supported by>: YAMAMOTO NORITEN CO.,LTD.



3-minute walk from A2/B3 Exit,

Hachobori Sta. of Hibiya Line & JR Line